

Diabetes in Women Fact Sheet

Healthy People 2010 Goal:

To reduce the diabetes related age adjusted deaths to 45 per 100,000 standard population.

Consequences:

- Diabetes is the 6th leading cause of death in white women and 4th leading cause of death in black women.
- Diabetes affects the prognosis of other medical problems such as heart disease, stroke, high blood pressure, complication of pregnancy, and periodontal disease.

Causes:

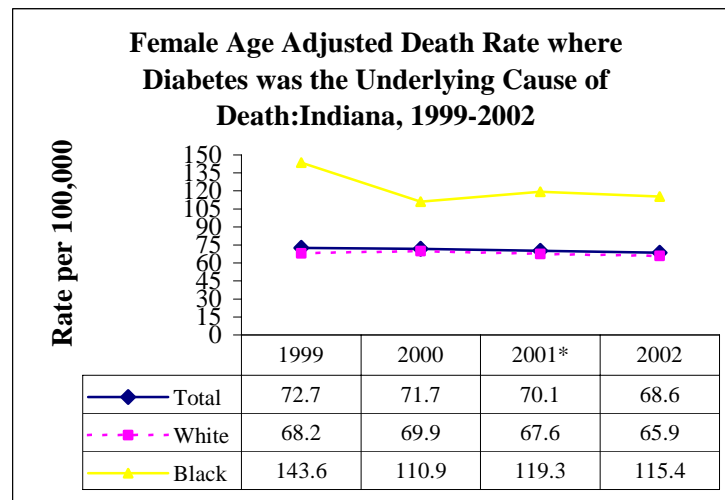
- Several factors account for the increasing prevalence of diabetes (Type 2) including behavioral factors such as increase in fat consumption, decrease in physical activity, obesity and improper nutrition; and demographic factors such as aging and increased growth of the at-risk population.

Prevalence in Indiana:

Indiana diabetes prevalence is above the national diabetes prevalence. Based on 2002 BRFSS, Indiana diabetes prevalence is 7% while the national diabetes prevalence is 6.4%.

Trends toward meeting HP 2010 goal

- Disparities exist. Black female diabetes related age adjusted death rate is more than the white female diabetes age adjusted death rate by 43%
- Between 1999 and 2002, the overall, white and black female diabetes related age adjusted death rates decreased considerably but were unlikely to reach Healthy People 2010 goals (See Fig).



Source: Indiana State Department of Health